



Kendra Simpkins, LCSW – President and CEO

# Rapid Resolution Therapy

- Quickly alleviates emotional responses to trauma
- Short – term, 1-3 sessions
- Does not require the veteran to relive painful past events
- Interactive and engaging to cause immediate shifts from emotional states
- The veteran is left with feeling of peace and calm









# OWR Female Veteran Retreat










# Reintegration and Purpose







4:04 AM 100%

**Tracey Rodríguez**  
Yesterday at 9:58 PM ·

Ever since I came home from **Operation Warrior Resolution's** female veteran retreat I've been able to look at life the way its meant to be looked at! I have peace, I don't feel like I'm drowning anymore, I can feel happiness not guilt or worry, I am living in the moment for the memories that I can make now. RRT really saved me and I'm so very thankful for all involved in OWR and everything they did! I'm especially grateful for my husband who openly without question said "Go babe, I know you need it" he's my rock and my greatest supporter! **#RRTSAVEDME #OWR #liveinthemoment**

